Fentanyl and Opioid Overdose Prevention Resources

Marin County Office of Education & Marin County Behavioral Health and Recovery Services OD Free Marin

| Teachers & Students | | | |
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| Prevention Resources | Links | Description | |
| CDPH Overdose Prevention Initiative | <u>CDPH Overdose Prevention</u> <u>Initiative</u> | Opioid and substance use prevention resources for ALL adult role models working with youth | |
| Song for Charlie Toolkit | Fake Pill Awareness Toolkit | Middle & High School Fake Pill Awareness Toolkit and Classroom Instruction Materials | |
| Operation Prevention School Resources for Elementary, Middle, and High School Educators. | <u>School Resources- Opioid and</u> <u>Prescription Drugs</u> | Operation Prevention provides schools and educators with engaging tools that are aligned to national health and science standards. It explores the science behind substance misuse. For Elementary, Middle, and High School students. | |
| OD Free Marin: Substance Use Prevention for High School Educators | OD Free Marin: Substance Use Prevention for High School Educators | Research to Practice: approaches to prevention work Curriculum for Teaching: Existing and Marin County created lessons for use in the classroom. Other Resources: Helpful resources to support teaching and gain familiarity with Marin County substance use services and organizations | |
| National Institute on Drug Abuse: Lesson Plans and Activities for Middle/High School Educators | Lesson Plans and Activities Link | Middle and High School Lessons and activities on the science and consequences of drug use. | |
| National Coalition Against Prescription Drug Use | Request a Classroom Presentation | Request Services for K12 Classroom Presentations, School | |

| (NCAPDA) | Fentanyl Resources | Assemblies, and Youth & Adult Workshops "Expect Fentanyl" Resources: Overview & Facts, Harm Reduction, and Naloxone Training |
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| Dead on Arrival Documentary | <u>Dead on Arrival Video</u> <u>Link</u> | Fentanyl documentary |
| Demi Lovato Documentary "Losing control : Dancing with the Devil" [start at 2:00] | Losing Control: Dancing with the Devil | FOR HIGH SCHOOL: In part 1 of this fearless documentary series, Demi Lovato and their family and friends candidly open up for the first time about what led to their near-fatal overdose using oxycodone laced with fentanyl. |
| Tips for Teens: Opioids | Fact Sheet | SAMHSA Get the Facts Tip Sheet |
| Safety First: Substance Use Prevention | High School Lessons | Free High School lessons for Substance Use Prevention by Safety First. |
| Project Alert: Substance Use Prevention | Middle School Lesson Materials | Free Middle School lesson materials for Substance Use Prevention by Project Alert |
| Intervention | Links | Description |
| 911 | Call 911 | If an opioid overdose is suspected, the first thing to do is immediately call 911. |
| Naloxone Protocol - Appendix A | DPH SAPC Resource Guide Link | Resource from LA County Substance Abuse and Control. Awareness of potential fentanyl symptoms. Activate Naloxone Protocols. |

| Marin County Behavioral Health and Recovery Services | <u>Website Link</u> | BHRS offers services such as: mental health and substance use crisis services, adult, children and youth mental health servies, prevention and early intervention resources, and suicide prevention. |
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| Postvention | Links | Description |
| 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) | 988 Call & Text 24 hours per day/ 7 days a week Línea de Prevención del Suicidio y Crisis 988 For TTY Users: Use your preferred relay service or dial 711 then 988. | 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. |
| Marin Crisis Text Line: Text Marin to 741741 | Substance Use Crisis Text Lines- Behavioral Health and Recovery Services Link | Marin Behavioral Health and Recovery Services can provide confidential support in times of crisis. |